



Program Schedule - October 11-13, 2024
SA/S-Anon SW Region Unity Conference, SLC Utah

			Combined Both Fellowships (Capital Reef Ballroom)	S-Anon Room A (Solitude)	SA Room 1 (Deer Valley)	SA Room 2 (Sundance)	SA Room 3 (Orion)	Fellowship (Room 154)
Friday, October 11	Registration	4:00-5:45 PM	Registration (Canyons Lobby)					Open
	Breakout Session 1	5:00-5:45 PM		Acceptance is the Answer	The Phenomenon of Craving - Doctors Opinion		Step Workshop History & Step 0	
	Dinner/Speakers	6:00-7:45 PM	Dinner/Keynote Speakers Session					Open
	Breakout Session 2	8:00-8:45 PM		Self Care	The SA Sobriety Definition	Uncover - Discard- Discover	Step Workshop Steps 1-3	
	Breakout Session 3	9:00-9:45 PM		Boundaries	Acceptance is the Answer	Tradition One-Personal Recovery and SA unity		
Saturday, October 12	Registration	6:30-8:45 AM	Registration (Canyons Lobby)					Open
	Meditation	6:30-7:45 AM	Meditation/Quiet Time					
	Breakfast/No Speakers	8:00-8:45 AM	Breakfast (No Speakers)					Open
	Breakout Session 4	9:00-9:45 AM		Steps 1,2,3	If Not Active Then Reactive - Step 0	What is Lust?	Step Workshop Steps 4-5	
	Breakout Session 5	10:00-10:45 AM	Joint SA/S-Anon Session: Vulnerability, Trust, Disclosure, and Forgiveness (Panel)		Sober is Not Well			
	Breakout Session 6	11:00-11:45 AM		Steps 4 & 5	Dating in Recovery - A Spiritual Journey	Getting An SA Sponsor		
	Lunch/Speakers	12:00-1:45 PM	Lunch/Keynote Speakers Session					Open
	Breakout Session 7	2:00-2:45 PM		Writing, Journaling	The Next One Would Save Me	Poor Me, Poor Me, Pour Me Another One! (Stepping Out of	Step Workshop Steps 6-9	
	Breakout Session 8	3:00-3:45 PM	Joint SA/S-Anon Session: Abstinence and Healthy Sexuality (Panel)		Knowledge was not Power			
	Breakout Session 9	4:00-4:45 PM		Step 10	Noisy Souls - Finding Stillness in Recovery	How Can We Better Help Newcomers?	Step Workshop Steps 10-12	
	Breakout Session 10	5:00-5:45 PM		Sponsoring & Being Sponsored	Half Measures Aailed Us Nothing	An Ounce of Whiskey in My Milk- The Obsession of the		
	Dinner/Speakers	6:00-7:45 PM	Dinner/Keynote Speakers Session					
Evening Events	8:00-10:00 PM	Evening Entertainment (Reception & Desserts 8-9pm) (Game Room 9-10pm)						
Sunday, October 13	Registration	6:30-8:45 AM	Registration (Canyons Lobby)					Open
	Meditation	6:30-7:45 AM	Meditation/Quiet Time					
	Breakfast/No Speakers	8:00-8:45 AM	Breakfast (No Speakers)					Open
	Breakout Session 11	9:00-9:45 AM		Communication	Healing Had to Come About in All Three	Embracing Pain for Spiritual Growth	11 AM - 1 PM Regional Conference Room	
	Breakout Session 12	10:00-10:45 AM		Gifts of the S-Anon Program	Without God I Can't. Without me God Won't	Surrender - A Change of Heart		
Closing Session	11:00-11:45 AM	Closing/Gratitude Session						